HOLIDAY PHOTOS!
Tips for Photographing Individuals with Special Needs

- Prepare the individual for what will happen during the photo shoot
- Create a cosy sensory experience – interesting textures, not-too-bright lights and soft and calming music.
- Allow the individual to wear comfortable clothing
- Minimize distractions
- Adjust the settings on your camera- consider turning off the flash, using indoor mode or raising your ISO settings
- Engage the individual in a topic or activity that they love.
- Consider bringing a favorite toy or object
- Only take 1–2 photos at a time to accommodate for limited attention spans
- Plan for breaks
- Enjoy the photo experience and make your own perfect photographic memories!
References


Produced by Variety Club in collaboration with Gwynedd Mercy University Occupational Therapy students and Occupational Therapy fieldwork supervisor